

Walking the MitchelldalesSM - River Walk Spruce Pine

Distance: 8.38 Miles

Time: 3-3.5 hours

Elev. Gain: 689ft

Accessibility: With slight adjustments most of this walk is accessible on paved walks and paths. One moderate hill can be avoided by retracing your steps on English Road.

Parking: Park at the town park

Toilets: Public Restroom near parking at the visitor center in town and at several eating establishments.

Refreshments: Available in town across the river with DT's for drinks, sandwiches, and an extensive menu-breakfast and lunch. Several Pub type places Madhatter Pizza, Spruce Pint.

Closest National Park Centre: Museum of North Carolina Minerals

Route description (Please read before beginning)

1. Walk toward the river looking for the walking trail follow to the right. Continue on the path past the rock house built in the late 1800s and under the overpass.
2. Return on the path to the car park area and continue following the path. Move up to the road and continue to the stop light. Cross the road and turn left on the first left on English Road.
3. Follow English Road approximately 1000 feet to the Old English Inn built in the late 1700s. The Inn was used during the Revolutionary War and served a part of the underground railroad before the Civil War.
4. Retrace your steps to the traffic light and turn left cross the river bridge and follow the road, Oak Ave, to town. Visit Toe River Arts Gallery, Burnette's Country Store.
5. Retrace your step across the bridge and return to the parking area below the hotel.

[Click here for a walking map.](#)

Additional notes / points of interest

[Add optional information about scenery, history, wildlife, seasonal conditions, accessibility, or safety.]